



Festive Fundraising Ideas



GUTS
UK!

Check out our A to Z of festive fundraising ideas and choose to do something wonderful in support of Guts UK this winter!

With your support, Guts UK can continue to provide information and support to people affected by digestive conditions and symptoms when they need it most. Together, we can help the UK get to grips with guts!



A ll wrapped up

Wrapping up presents can take a lot of time. Why not offer to wrap presents for others in exchange for a small donation?



B oxing Day challenge

Whether you brave the winter sea with a Boxing Day Dip or take on a 5k walk or run, it's a great time to challenge yourself and enjoy some fresh air whilst raising funds.



C hristmas fayre

If you're creative, crafty or a skilled baker, sell your homemade goods or tasty treats at a local Christmas fayre to raise funds for Guts UK.



D eck your desk with decorations

Transform your office into Santa's Grotto and ask colleagues to donate to decorate or turn it into a competition.



E lf hunt

Organise an elf treasure hunt in your house, garden or local park and ask for donations.



Festive foodie



Whether you cook, bake or buy, host a get together with family or friends in exchange for a small donation.

Gingerbread house competition



Ask family, friends or colleagues to donate in exchange for decorating and entering their gingerbread house into a competition.



Happy holidays

Create and sell handmade cards in exchange for a small donation to Guts UK.



Icing on the cake



You might have iced a cake before, but have you done it blindfolded? Turn your favourite festive activities into fundraisers with family and friends.

Jingle bells



Planning a party with friends or colleagues? Pop a collection box next to the DJ booth and ask people to donate every time they choose a song.

Karaoke



Host a karaoke party and ask participants to donate for every song they sing.

Last hour's pay

Encourage colleagues to donate the last hour of their pay before Christmas to Guts UK.

Mince pies

Get loved ones together for a supermarket mince pie taste test or make your own and host a bake-off challenge.

Nearly new sale

Help give your unwanted gifts a new home by organising a bring and buy sale at work or home.

O Come, All Ye Faithful

Sing your heart out and raise a smile and funds when carol singing with family or friends. You could even organise a carol concert and sell tickets.



Pledge

Make a difference by signing up for one of our 2026 fundraising events and pledge to raise funds through sponsorship.

Find out more at gutscharity.org.uk/events.

Quiz-mas

Christmas is a great time to get together and host a quiz. For a small donation to Guts UK, ask teams to sign up and test their festive knowledge.



Rudolph the Red-Nosed Reindeer

Have you ever pinned the red nose on Rudolph? Blindfold participants and ask them to make a donation for every go. Give a festive prize to whoever gets closest!



Secret Santa

Instead of spending £5 or £10 on a Secret Santa gift, challenge everyone to buy a gift £1 under budget and donate the extra £1 to Guts UK.



Tree of Thanks

Set up a Christmas Tree where people can donate to hang a message of gratitude or personalised ornament. Perfect for a school, office or community space!



Ugly christmas jumper



Get together with colleagues, family or friends and host an ugly festive jumper party or competition in exchange for donations.

Village Christmas fun

Organise an event in your local village or town and invite friends and neighbours along. Ask for small donations in exchange for mince pies, mulled wine and other festive treats.





Wreath making



Wreath making is fast becoming a festive favourite. Host a wreath making workshop for loved ones and ask participants to make a donation in exchange for decorating their wreath.

Xmas raffle

Ask local companies to donate items or gather unwanted festive gifts and host a raffle for Guts UK.



Yule log challenge

Host a competition to make or decorate the best yule log. Tasty and fun!



Zen

The festive period can feel busy, so schedule in some zen time with a pamper party for family and friends. You get to relax and raise funds for Guts UK at the same time!

Whatever you choose to do, you will be making a real difference to people affected by digestive conditions.



Donate now

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Get in touch

www.gutscharity.org.uk



Call us:
Tel: 020 7486 0341

Email us:
events@gutscharity.org.uk

Search Guts UK Charity
on socials:



Guts UK, 2 St Andrews Place, London, NW1 4LB

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