Guts UK: Pancreatitis Quiz

We hope you use this quiz for a Kranky Panky Weekend activity to raise awareness of pancreatitis with friends and family. Please adapt the quiz to your preference; the questions below are just suggestions. You can download the answers from the Guts UK website <https://gutscharity.org.uk/>. Disclaimer: some people might disagree with the answers but we hope that will lead to an interesting and fun discussion around pancreatitis.

# True or False

(One point for each correct answer)

1. Alcohol is always the cause of pancreatitis.
2. Only adults can get pancreatitis.
3. Pancreatitis is quite common in dogs.
4. A sting from a scorpion can cause pancreatitis.
5. Pancreatitis can be cured by taking turmeric and vitamin C.

# Multiple choice

(Select all answers you think are correct; get one point for each correct answer and deduct one point for each wrong answer)

1. What does the pancreas do?

A) It removes fat from your blood

B) It is redundant, like the appendix

C) It helps digest food

D) It monitors blood sugar levels

E) It aids balance

1. What is the approximate shape of the pancreas?

A) It is an oblong

B) It is the shape of a giant tadpole

C) It is oval

D) It is very long and thin like a snake

1. What is the approximate size of an adult's pancreas?

A) 50 cm long

B) 5 cm long

C) 15cm long

D) 0.5cm long

1. What happens when the duct to drain the digestive enzymes is blocked?

A) The digestive enzymes start to digest the pancreas

B) It shrinks to the size of a peanut

C) It makes an odd sound

D) It is really tickly

1. What is an EUS?

A) Electric Universal Syringe

B) Enteral Urinary Stent

C) Enterprising Undercover Spies

D) Endoscopic Ultra Sound

1. Why are stents inserted into the pancreas?

A) To let air in

B) To let air out

C) To hold the bile duct open so that it drains properly

D) To help dissolve fat

E) To give surgeons something to do

1. What foods are most likely to cause bad pain for a pancreatitis patient?

A) Eating food containing starch

B) Eating food high in fat

C) Eating cucumber

D) Eating fish

1. A lot of pancreatitis patients have to take Creon. What is it?

A) A Korean supplement to improve skin quality

B) Digestive enzymes made from pigs pancreas

C) A gelatine substitute

D) A posh type of hand cream

1. What is PEI?

A) Probable Enzyme Irritation

B) Passive Energising Infusion

C) Potential Enterprising Investment

D) Pancreatic Exocrine Insufficiency

1. How is acute pancreatitis normally diagnosed?

A) Limbs start to fall off

B) A high level of amylase or lipase in the blood

C) By a blue and pink spotted rash

D) A bad headache

1. How is chronic pancreatitis normally diagnosed?

A) By damage to the pancreas showing up on scans

B) Blood test

C) Patient questionnaire

D) Elimination of other options

1. Where do pancreatitis patients feel the pain?

A) Right arm

B) Lower abdomen into the legs

C) Upper abdomen and through to the back

D) In their chest

1. How many causes of pancreatitis can you come up with?
2. How many pancreatitis symptoms can you name?

**Total out of 40:**