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| --- | --- |
| **About Me** | |
| Title: | |
| First Name: | |
| Surname: | |
| Company/Team Name *(if riding as part of a group):* | |
| Address: | |
| Telephone: | |
| Email: | |
| Website: | |
| Twitter handle: | |
| **About Ride London: Sunday August 4th 2019** | |
| **I understand that the entry fee is £30 and I pledge to raise at least £400 in sponsorship for Guts UK charity** | |
| Individual Target: | |
| Team Target *(if riding as part of a group):* | |
| I would like to represent Guts UK in Ride London-Surrey 100 |  |
| I understand it is a 100 mile cycle ride and I am of adequate fitness to undertake this |  |
| I am confident that I will be able to complete the course in less than 8.5 hours |  |
| I will be aged over 18 on Sunday August 4th 2019 |  |
| I enclose my entry fee of £30 (*bank details below, input Ref: Ride London & initials)* |  |
| I have chosen to support Guts UK because: | |
| We are keen to support your fundraising ideas, please call: 01484 483123 to discuss resources we can offer.  **What size cycling top do you require?** | |
| **Staying in touch** | |
| I understand that my information will be kept on a database, but will remain confidential and not be shared without my permission, and that Guts UK will be communicating with me about this and any future events   Signed …………………………………………………  **Thank you!**  Date……………………………………………………. | |
| **Please return this form to the Fundraising Team, Unit G4, The Media Centre, Northumberland Street, Huddersfield, HD1 1RL**  **Please like the Core page on Facebook and follow us on Twitter @CoreDDF**  **Registered Charity 1137029** [info@corecharity.org.uk](mailto:info@corecharity.org.uk)  **Guts UK Charity *Bank details: Sort code 60-40-02 Account No: 31941478*** | |