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| **About Me** |
| Title: |
| First Name: |
| Surname:  |
| Company/Team Name *(if riding as part of a group):* |
| Address: |
| Telephone: |
| Email: |
| Website: |
| Twitter handle: |
| **About Ride London: Sunday August 4th 2019** |
| **I understand that the entry fee is £30 and I pledge to raise at least £400 in sponsorship for Guts UK charity** |
| Individual Target: |
| Team Target *(if riding as part of a group):* |
| I would like to represent Guts UK in Ride London-Surrey 100 |  |
| I understand it is a 100 mile cycle ride and I am of adequate fitness to undertake this |  |
| I am confident that I will be able to complete the course in less than 8.5 hours |  |
| I will be aged over 18 on Sunday August 4th 2019 |  |
| I enclose my entry fee of £30 (*bank details below, input Ref: Ride London & initials)* |  |
| I have chosen to support Guts UK because: |
| We are keen to support your fundraising ideas, please call: 01484 483123 to discuss resources we can offer.**What size cycling top do you require?** |
| **Staying in touch** |
| I understand that my information will be kept on a database, but will remain confidential and not be shared without my permission, and that Guts UK will be communicating with me about this and any future events Signed …………………………………………………**Thank you!**Date……………………………………………………. |
| **Please return this form to the Fundraising Team, Unit G4, The Media Centre, Northumberland Street, Huddersfield, HD1 1RL****Please like the Core page on Facebook and follow us on Twitter @CoreDDF****Registered Charity 1137029** info@corecharity.org.uk **Guts UK Charity *Bank details: Sort code 60-40-02 Account No: 31941478*** |